

JOIN US

Vegetarian

- ☒ Saturday, October 17th
Trunk or Treat
- ☐
- ☒ Week of October 19th
ISU Homecoming Spirit Week
- ☐
- ☒ Saturday, October 24th
ISU Homecoming Parade
- ☐

October

October 1st

Omelets, Fruit Mix

Veggie Chicken Patty on Bun, Carrots, Fruit Mix

Animal Crackers, Milk

October 2nd

CENTER CLOSED FOR STAFF TRAINING DAY

October 5th

Cheerios, Mandarin Oranges

Cheesy Potato and Veggies Sausage Soup, Crackers, Mandarin Oranges

Trail Mix, Juice

October 6th

Banana Bread w/mini choc chips, Peaches

Veggie Chicken Nuggets, Green Beans, Peaches

Bel-Vita Biscuits, Milk

October 7th

Veggie Sausage Biscuit, Pineapple

Veggie Meatballs, Buttered Noodles, Carrots, Pineapple

Apple Slices, Cheese Cubes

October 8th

Pancakes, Mixed Fruit

Veggie Sloppy Joe on Bun, Tator tots, Mixed Fruit

Nutrigrain Bars, Juice

October 9th

Cinnamon Roll, Pears

Grilled Cheese Sandwich, Peas, Pears

Popcorn/ puffed corn, Juice

Please note the following changes are made when needed for Infant and Toddler rooms:
 Carrot Stix=Cooked Carrots Trail Mix=No Raisins, Chocolate Chips or Mini Marshmallows
 Grapes= Substituted Fruit Popcorn=Puffed Corn Oranges/Pineapple=Non Citrus Fruit
 **Foods are also cut into small, bite size pieces before being offered to the students.

Days outlined like this indicate Unit 5 and or District 87 schools will be present for meals.

Days outlined like this indicate District 87 only schools will be present for meals.



October 12th

Cornflakes,
Peaches

Vegetarian Chili,
Cheese and
Crackers, Peaches

Graham Crackers,
Milk

October 13th

Pumpkin Spice
Bread, Pears

Veggie Corndogs,
green beans, Pears

Goldfish, Juice

October 14th

French Toast Stix,
Applesauce

Pizza Pasta, Corn,
Applesauce

Grapes, Yogurt

October 15th

Biscuits & Veggie
Gravy, Pineapple

Veggie BBQ Rib on
Bun, Carrots,
Pineapple

Tortilla Chips,
Salsa

October 16th

Waffles, Fruit Mix

Fish Shapes, Mixed
Veggies, Fruit Mix

Ranch Oyster
Crackers, Juice

October 19th

Kix, Pineapple

Chickpea Noodle Soup,
Grilled Cheese
Sandwich, Pineapple

Chex Mix, Juice

October 20th

Apple Cinnamon
Bread, Cinna Apples

Taco Bowl, Cooked
Carrots, Cinnamon
Apples

Gogurt, Club
Crackers

October 21st

Omelets, Peaches

Avanti's bread, Grilled
Veggie Chicken Strips,
Chips, Peaches

Bananas, Cheerios

October 22nd

Pancakes, Pears

Veggie Meatball
Sub, Greenbeans,
Pears

Cheese-itz, Juice

October 23rd

Cheesy Hashbrown
Casserole, Fruit Mix

Fettuccini Alfredo,
Broccoli, Fruit Mix

Cook's Choice

October 26th

Fruit Whirls,
Applesauce

Veggie Noodle Soup,
Sunbutter and Jelly
Sandwich, Applesauce

Veggie Straws,
Juice

October 27th

Blueberry bread,
Pears

Veggie Chicken
Nuggets, Mashed
Potatoes, Pears

Nutrigrain Bar

October 28th

Biscuits & Gravy,
Peaches

Cheese Tortellini
w/Butter Parmesan
Sauce, Green Beans,
Peaches

Apple Slices,
String Cheese

October 29th

Waffles, Mandarin
Oranges

Veggie burger on
Bun, Peas,
Mandarin oranges

Popcorn/ puffed
corn, Juice

October 30th

Egg and Cheese
Bagel, Fruit Mix

Cheese Pizza, Corn,
Fruit Mix

Bel-Vita Biscuits,
Milk