

November



Please plan to join us for our annual "Thankful for Parents' Day" celebration on **Friday, November 17th**. Details to follow.

Wednesday, Nov 1st

Waffles, Peaches
Grilled Veggie Chicken
Breast, Rice, Peas, Peaches
Sn: Bananas, Cheerios

Thursday, Nov 2nd

Golden Grahams, Pears
Veggie Meatball Sub,
Cooked Carrots, Pears
Sn: Cheese itz, Juice

Friday, Nov 3rd

Egg and Cheese Bagel
Sandwich, Fruit Mix
Fettuccini Alfredo,
Broccoli, Fruit Mix
Sn: Nilla Wafers, Milk

Monday, Nov 6th

Rice Krispies, Mandarin
Oranges
Veggie Noodle Soup, Sun-
butter & Jelly Sandwich,
Mandarin Oranges
Sn: Veggie Straws, Juice

Tuesday, Nov 7th

Blueberry Bread, Pears
Veggie Chicken Nuggets,
Mashed Potatoes, Pears
Sn: Cucumber Slices, Cot-
tage Cheese

Wednesday, Nov 8th

Pancakes, Peaches
Spaghetti w/ Marinara
Sauce, Green Beans,
Peaches
Sn: Apple Slices, String
Cheese

Thursday, Nov 9th

Apple Cinnamon Cheerios,
Pineapple
Veggie Cheeseburger on
Bun, Peas, Pineapple
Sn: Cooks Choice

Friday, Nov 10th

Cinnamon Stix, Fruit Mix
Cheese Pizza, Corn, Fruit
Mix
Sn: Elf Grahams, Milk

Monday, Nov 13th

Tuesday, Nov 14th

Wednesday, Nov 15th

Thursday, Nov 16th

Friday, Nov 17th

Golden Grahams, Pears
Tomato Soup, Bosco Stix,
Pears
Sn: Rice Cakes, Juice

Apple spice bread, Pineapple
Cheese Nachos, Corn,
Pineapple
Sn: Ritz Crackers, Cheese
Slice

Whole Wheat French Toast
Stix, Applesauce
Veggie Chicken Pot Pie
Casserole, Biscuit, Applesauce
Sn: Grapes, Yogurt

Kix, Fruit Mix
Veggie Chicken Patty on
Bun, Carrots, Fruit Mix
Sn: Animal Crackers, Milk

Oatmeal, Graham Cracker,
Cinnamon Apples
Mac & Cheese, Peas, Cinnamon Apples
**THANKFUL FOR
PARENTS' DAY
SNACK**

Monday, Nov 20th

Tuesday, Nov 21st

Wednesday, Nov 22nd

Thursday, Nov 23rd

Friday, Nov 24th

Cheerios, Mandarin Oranges
Potato Soup, Cheese
Sandwich, Mandarin
Oranges
Sn: Trail Mix, Juice

Banana bread, Peaches
Veggie Chicken Nuggets,
Corn, Peaches
Sn: Carrot Stix w/ Ranch,
Pretzels
Tod: Shredded Carrot Stix

Pancakes, Pineapple
Veggie Meatballs, Buttered
Noodles, Green Beans,
Pineapple
Sn: Apple Slices,
Cheese Cubes

**center
closed for
Thanksgiving
HOLIDAY**

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Monday, Nov 29th

Tuesday, Nov 28th

Wednesday, Nov 29th

Thursday, Nov 30th

Rice Chex, Peaches
Chili, Cheese & Crackers,
Peaches
Sn: Graham Crackers, Milk

Pumpkin Spice Bread,
Pears
Cheese Quesadilla, Corn,
Pears
Sn: Goldfish, Juice

Whole Wheat French Toast
Stix, Applesauce
Pizza Pasta, Green Beans,
Applesauce
Sn: Grapes, Yogurt

Apple Cinnamon Cheerios,
Pineapple
Veggie Burger on Bun,
Carrots, Pineapple
Sn: Tortilla Chips, Salsa



Vegetarian Menu