

Regular Menu

October



October 21st-26th

More details to come!!!

Tuesday, October 1st

Apple Spice bread, mandarin oranges

Sn: Gogurt, juice

Grilled Cheese sand, chili, mandarin oranges

Sn: Cheddar cheese cubes & pita chips

Wednesday, October 2nd

Whole wheat french toast stix, fruit mix

Sn: Graham crackers, applesauce

Chicken, broccoli, cheese and noodle cass, fruit mix

Sn: Veggie Straws, juice

Thursday, October 3rd

Ham, egg and cheese casserole, peaches

Sn: Pretzel bites w/ cheese sauce

Chicken patty on a bun, shoestring potato chips, peas, peaches

Sn: Grapes, yogurt

Tod: Fruit, yogurt

Friday, October 4th

Center Closed for Teacher Inservice

Get your costumes ready!!!!

Little Jewels Annual Fall Festival is coming...

Friday, October 18th
6:15-7:30 pm at your child's Little Jewels!

(Dinner will be served)



Monday, October 7th

Apple Cinnamon Cheerios cereal, peaches

Sn: Orange slices, saltines

Tod: Mandarin oranges, saltines

Shepherd's pie, corn, peaches

Sn: Popcorn, juice

Tod: Puffed Corn, juice

Tuesday, October 8th

Blueberry bread, fruit mix

Sn: Apple slices with soy butter

Spaghetti w/ marinara sauce, salad w/ranch, fruit mix

Sn: Peach crisp

Wednesday, October 9th

Cinnamon toast, applesauce

Sn: Animal crackers, milk

Avanti's Day

Sn: Pretzel Goldfish, juice

Thursday, October 10th

Yogurt w/ rice krispies, mandarin oranges

Sn: Carrots w/ ranch

Tod: Shredded carrots w/ ranch

Grilled chicken, peas, mandarin oranges

Sn: Cheez-its

Friday, October 11th

Pancakes, pears

Sn: Pita chips, hummus

Bologna sand, cheesy potato soup, green beans, pears

Sn: 100 Calorie Oreo crisps, milk



Monday, October 14th

Life cereal, fruit mix

Sn: Cottage cheese, juice

Chicken nuggets, corn, mashed potatoes, fruit mix

Sn: Cinnamon diced apples, graham crackers

Tuesday, October 15th

Cinnamon bread, pineapple

Sn: Ritz crackers, juice

Pizza, salad w/ ranch, pineapple

Sn: Chips, salsa

Wednesday, October 16th

Breakfast burrito, peaches

Sn: Celery w/ ranch

Tod: Veggie straws

Fettuccini alfredo, peas, peaches

Sn: Gogurt, Club crackers

Thursday, October 17th

Hash brown and sausage casserole, pears

Sn: Apple slices w/ string cheese

Fish Shapes, cooked carrots, pears

Sn: Ranch Oyster Crackers

Friday, October 18th

Whole wheat French toast stix, mandarin oranges

Sn: Applesauce, graham crackers

Beef Sliders, broccoli w/ cheese, mandarin oranges

Sn: Trail mix

Monday, October 21st

Golden Grahams, applesauce

Sn: Raisins, goldfish

Tod: Goldfish, juice

Ribs on mini bun, peas, applesauce

Sn: Nutri-grain bars

Tuesday, October 22nd

Pumpkin bread, fruit mix

Sn: Chex Mix, juice

Grilled ham and cheese sand, tomato soup, fruit mix

Sn: Bananas, cheerios

Wednesday, October 23rd

Cinnamon rolls, peaches

Sn: Orange slices, saltines

Tod: Mandarin oranges, saltines

Turkey slices w/gravy, mashed potatoes, green beans, peaches

Sn: Popcorn, juice

Thursday, October 24th

English muffins w/egg patty, pears

Sn: Grapes, yogurt

Tod: Fruit, yogurt

Breadstick, chicken noodle soup, California blend veggies, pears

Sn: Apple crisp

Friday, October 25th

Biscuits and gravy, pineapple

Sn: Carrots w/ ranch

Tod: Shredded carrots w/ ranch

Sloppy joe on bun, tator tots, corn, pineapple

Sn: Cheese Ritz bits, juice

Monday, October 28th

Rice Krispies, mandarin oranges

Sn: Fruit smoothies

Chicken/cheese quesadillas, green beans, mandarin oranges

Sn: Pretzel Goldfish, juice

Tuesday, October 29th

Banana bread, pears

Sn: Cucumber slices w/ ranch (peeled for Tod's)

Pizza pasta, salad w/ ranch, pears

Sn: Animal crackers, milk

Wednesday, October 30

Omelets, fruit mix

Sn: Rice cakes, juice

Chili-mac, peas, fruit mix

Sn: Cinnamon diced apples, graham crackers

Thursday, October 31st

Waffles, peaches

Sn: Celery w/soy butter

Tod: Veggie Straws

Meatballs, mashed potatoes, carrots, peaches

Sn: Pretzels w/ ranch

Fun Food Fact



Percy LeBaron Spencer was an American Engineer and inventor. In 1945, while standing in front of an operating magnetron, a chocolate bar in his pocket melted. He then tested popcorn in front of the magnetron and it quickly popped all over the room. Development of the microwave oven grew out of these observations!

Little Jewels is



Regular Menu