

# May

Wednesday, May 1st

Thursday, May 2nd

Friday, May 3rd

Cinnamon toast, mandarin oranges

Sn: Carrots w/ ranch

Tod: Shredded carrots w/ ranch

Cheese quesadilla, corn, mandarin oranges

Sn: Popcorn, juice

Tod: Puffed corn, juice

English muffins w/jelly, peaches

Sn: Apple slices, string cheese

Breadsticks w/cheese, turkey slices, peas, peaches

Sn: Veggie straws

Biscuits and gravy, pears

Sn: Orange slices, saltines

Tod: Mandarin oranges, saltines

Veg sloppy joe on bun, green beans, pears

Sn: Chex mix, juice

Monday, May 6th

Tuesday, May 7th

Wednesday, May 8th \*LS\*

Thursday, May 9th

Friday, May 10th

Rice Krispies, apricots

Sn: Fruit smoothies

Veg Chicken soft tacos, green beans, apricots

Sn: Saltines, American cheese

Apple cinnamon bread, pears

Sn: Celery w/ soy butter

Tod: Veggie straws, juice

Hummus sand, carrot sticks, ranch potatoes, pears

Sn: 100 Cal. Oreo crisps, milk

Waffles, applesauce

Sn: Cottage cheese, juice

**Avanti's Lunch**

Sn: Ritz bits

Omelets, peaches

Sn: Cantaloupe, club crackers

Veg Chicken patty on bun, tator tots, peas, peaches

Sn: Pretzels w/ ranch

Yogurt w/berries, buttered toast

Sn: Rice cakes, juice

Pizza, salad w/ ranch, peaches

Sn: Trail mix

## Fun Food Facts

Iceberg lettuce is actually a member of the Sunflower family

The sunflower family is the largest plant family on earth. Some other members of the sunflower family include: artichokes, endives and raddichio.

Oh, and you know how Iceberg Lettuce got its name? Growers used to pack it with crushed ice to ship.



\*\*Vegetarian Menu\*\*

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**Little Jewels is**



Congratulations to our Little Jewels Graduates of 2019! We have over 50 students leaving us to move on to kindergarten in the fall!

We could not be prouder of the progress they have made with us at Little Jewels.

If you are interested in coming to see our graduation program this month, please see someone in the office



Monday, May 13th	Tuesday, May 14th	Wednesday, May 15th	Thursday, May 16th	Friday, May 17th
<p>Kix cereal, pears</p> <p>Sn: Graham crackers, applesauce</p> <p>Veg corn dogs, green beans, pears</p> <p>Sn: Apple slices with string cheese</p>	<p>Blueberry bread, pineapple</p> <p>Sn: Watermelon, cheerios</p> <p>Scalloped potatoes, peas, pineapple</p> <p>Sn: Popcorn, juice</p> <p>Tod: Puffed corn, juice</p>	<p>Whole Wheat French toast sticks, peaches</p> <p>Sn: Bananas, animal crackers</p> <p>Cheese nachos w/ cheese, California blend veggies, peaches</p> <p>Sn: Mini ice cream sandwiches, juice</p>	<p>Ham, cheese and egg cass, tropical fruit mix</p> <p>Sn: Honey dew, ritz</p> <p>Veg grilled chicken pita with lettuce &amp; ranch, diced carrots, tropical fruit mix</p> <p>Sn: Nutrigrain bars</p>	<p>Pancakes, mandarin oranges</p> <p>Sn: Grapes, yogurt</p> <p>Tod: Fruit, yogurt</p> <p>Fettuccini alfredo, peas, mandarin oranges</p> <p>Sn: Cheddar cheese cubes &amp; pita chips</p>

Monday, May 20th	Tuesday, May 21st	Wednesday, May 22nd	Thursday, May 23rd	Friday, May 24th
<p>Apple Cinnamon Cheerios, apricots</p> <p>Sn: Gogurt, juice</p> <p>Cucumber, veggie cream cheese sand, baked beans, apricots</p> <p>Sn: Veggie straws</p>	<p>Lemon bread, pears</p> <p>Sn: Cucumber slices w/ ranch (peeled for tod's)</p> <p>Cheese and spinach wrap, pretzels, pears</p> <p>Sn: Cheez-its, juice</p>	<p>Cinnamon rolls, applesauce</p> <p>Sn: Apple slices, soy butter</p> <p>Mac n cheese, broccoli, applesauce</p> <p>Sn: Animal crackers, milk</p>	<p>Breakfast burritos, pineapple</p> <p>Sn: Pita chips &amp; hummus</p> <p>Swedish veg meatballs and noodles, peas, pineapple</p> <p>Sn: Elf grahams, juice</p>	<p>Yogurt w/ rice krispies, peaches</p> <p>Sn: Carrots w/ ranch</p> <p>Tod: Shredded carrots &amp; ranch Veg chicken salad on mini bun, carrots and cucumbers, peaches</p> <p>Sn: Cinnamon Apples, graham crackers</p>

Monday, May 27th	Tuesday, May 28th	Wednesday, May 29th	Thursday, May 30th	Friday, May 31st
<p><b>Center Closed for Memorial Day</b></p>	<p>Life Cereal, tropical fruit mix</p> <p>Sn: Cantaloupe, club crackers</p> <p>Grilled cheese sand, green beans, tropical fruit mix</p> <p>Sn: Nutrigrain bars</p>	<p>Hash brown cass, peaches</p> <p>Sn: Orange slices, saltines</p> <p>Tod: Mandarin oranges, saltines</p> <p>Tomato, avocado sand, peas, peaches</p> <p>Sn: Bananas, animal crackers</p>	<p>Bagels w/ cream cheese, pears</p> <p>Sn: Celery w/ ranch</p> <p>Tod: Club Crackers &amp; cheese</p> <p>Cheese, broccoli &amp; rice cass, pears</p> <p>Sn: Peach crisp</p>	<p>Whole Wheat French toast sticks, pineapple</p> <p>Sn: Raisins, goldfish</p> <p>Tod: Goldfish, juice</p> <p>Veg cheese "burger" macaroni, California blend veggies, pineapple</p> <p>Sn: Ritz bits</p>