

June



Friday, June 1st

Pancakes, mandarin oranges

Sn: Grapes, yogurt

Toddler: Fruit, yogurt

Veg. Chicken, cheese, broccoli & rice cass., mandarin oranges
Sn: Cheddar cheese cubes, pita chips

What kids learn while playing with their food, continued...

For younger children just learning how to count, have them count fruits, vegetables, beans, etc. They can also help older children measure ingredients by keeping track of the number of teaspoons the older child has added to the dish.

For older children who know how to divide, have them take a large recipe and divide it into a smaller amount.

Monday, June 4th

Crispix cereal, pineapple

Sn: Gogurt, juice

Hummus sand, veg. baked beans, pineapple

Sn: Chips, salsa

Tuesday, June 5th

Lemon bread, pears

Sn: Watermelon, cheerios

Scrambled eggs, toast, hash brown, fresh fruit

Sn: Cheez-Its, juice

Wednesday, June 6th

Cinnamon rolls, applesauce

Sn: Ritz bits, juice

Mac n cheese, broccoli, applesauce

Sn: Animal crackers, milk

Thursday, June 7th

Breakfast burritos, pineapple

Sn: Pita chips w/ hummus

Veg. Swedish meatballs and noodles, peas, pineapple

Sn: Elf grahams, juice

Friday, June 8th

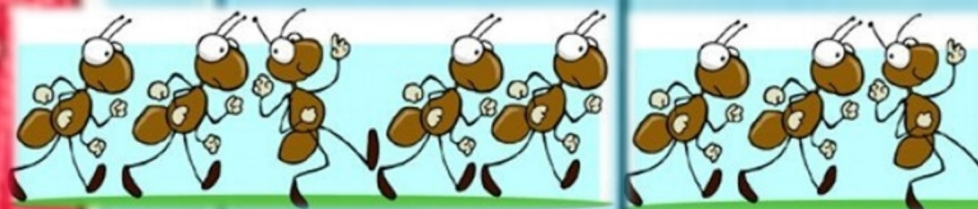
Yogurt w/ rice krispies, fruit mix

Sn: Carrots w/ ranch

Tod: Shredded carrots w/ ranch

Pizza, salad w/ ranch, fruit mix

Sn: Apple cinnamon tortillas



****Vegetarian Menu****

Monday, June 11th

Tuesday, June 12th

Wednesday, June 13th

Thursday, June 14th

Friday, June 15th

Life cereal, mandarin oranges

Sn: Cottage cheese, juice

Veggie chicken nuggets, corn, mashed potatoes, mandarin oranges

Sn: Trail Mix

Banana bread, fruit mix

Sn: Cantaloupe, club crackers

Grilled cheese sand, green beans, fruit mix

Sn: Apple slices w/ soy butter

Hash brown cass, peaches

Sn: Orange slices, saltines

Tod: Mandarin oranges, saltines

avanti's lunch

Sn: Bananas, animal crackers

Bagels with cream cheese, pears

Sn: Celery w/ ranch

Tod: Club crackers w/ cheese

Fettuccini alfredo, peas, pears

Sn: Peach crisp, water

Whole Wheat French Toast sticks, pineapple

Sn: Soft bites with cheese

Cheese "burger" macaroni (w veg meat), green beans, pineapple

Sn: Nutrigrain bars

Monday, June 18th

Tuesday, June 19th

Wednesday, June 20th

Thursday, June 21st

Friday, June 22nd

Apple Cinnamon Cheerios, applesauce

Sn: Raisins, goldfish

Toddler: Goldfish, juice

Cheese sand, cooked carrots, applesauce

Sn: Grapes, yogurt

Todd: Fruit, yogurt

Pineapple bread, fruit mix

Infant: toast

Sn: Watermelon, cheerios

Spaghetti w/ veg. meat sauce, salad w/ranch, fruit mix

Sn: Apple crisp, water

Cinnamon toast, mandarin oranges

Sn: Carrots w/ ranch

Tod: Shredded carrots w/ ranch

Cheese quesadilla, corn, mandarin oranges

Sn: Popcorn, juice

English muffins w/jelly, peaches

Sn: Apple slices, string cheese

Breadsticks w/cheese sauce, Veg. meatballs, peas, peaches

Sn: Chex mix, juice

Biscuits and gravy, pears

Sn: Orange slices, saltines

2U: Mandarin oranges, saltines

Mozzarella sticks, green beans, pears

Sn: Chips & salsa

Monday, June 25th

Tuesday, June 26th

Wednesday, June 27th

Thursday, June 28th

Friday, June 29th

Rice Krispies, fruit mix

Sn: Fruit smoothies

Tacos w/ veg beef, green beans, fruit mix

Sn: American cheese & saltines

Apple cinnamon bread, pears

Sn: Celery w/ soy butter

Tod: Veggie straws, juice

Hummus sand, carrot sticks, ranch potatoes, pears

Sn: 100 Cal. Oreo crisps, milk

Waffles, applesauce

Sn: Cottage cheese, juice

Veg. Meatballs, mashed potatoes, corn, applesauce

Sn: Ritz bits, water

Omelets, peaches

Sn: Cantaloupe, club crackers

Veg. Chicken patty on bun, tator tots, peas, peaches

Sn: Pretzels w/ ranch

Yogurt w/berries, buttered toast

Sn: Rice cakes, juice

Pizza pasta, salad w/ranch, mandarin oranges

Sn: Trail mix, water

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Welcome back School Ager!
We are excited you are here to join us again for a fun filled summer!!

Treasures
AfterSchool program by Little Jewels

Little Jewels is

