

April



Monday, April 2nd

Tuesday, April 3rd

Wednesday, April 4th

Thursday, April 5th

Friday, April 6th

Life cereal, fruit mix

Sn: Cottage cheese, juice

Veggie chicken nuggets, corn, mashed potatoes, fruit mix

Sn: Apple cinnamon tortilla wrap

Cinnamon bread, pineapple

Sn: Applesauce, graham crackers

Grilled cheese sand, tomato soup, pineapple

Sn: Elf grahams, juice

Breakfast burrito, peaches

Sn: Celery w/ ranch

Tod: Veggie straws

Italian noodles, broccoli w/ cheese, peaches

Sn: Club crackers, cheese

Hash brown casserole, pears

Sn: Apple slices w/ soy butter

Fettuccini alfredo, peas, pears

Sn: Peach crisp, water

Whole wheat French toast stix, mandarin oranges

Sn: Cheese Ritz bits, juice

Scrambled eggs, toast, hash brown, mandarin oranges

Sn: Trail mix

The week of April 16th-20th we will be celebrating 'Week of the Young Child'. There will be activities you can participate in with your child while leaving the center each day! We can't wait to see what you and your child create together.

Monday, April 9th

Tuesday, April 10th

Wednesday, April 11th **LS

Thursday, April 12th

Friday, April 13th

Cinnamon Chex, applesauce

Sn: Raisins, goldfish

Tod: Goldfish, juice

Veggie burger, peas, applesauce

Sn: Nutrigrain bars

Pumpkin bread, fruit mix

Sn: Chex mix, juice

Spaghetti w/ veggie meat sauce, salad w/ranch, fruit mix

Sn: Bananas, cheerios

Cinnamon rolls, pears

Sn: Orange slices, saltines

Tod: Mandarin oranges, saltines

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Sn: Popcorn, juice

Tod: Puffed corn, juice

English muffins w/ egg patty, peaches

Sn: Grapes, yogurt

Tod: Fruit, yogurt

Breadstick, veg broth w/ California blend veggies, peaches

Sn: Chips & salsa

Biscuits and gravy, pineapple

Sn: Carrots w/ ranch

Tod: Shredded carrots w/ ranch

Vegetarian Sloppy joe on bun, corn, pineapple

Sn: Ritz crackers, juice



Vegetarian Menu



Monday, April 16th

Rice Krispies, mandarin oranges

Sn: Fruit smoothies

Cheese quesadillas, green beans, mandarin oranges

Sn: Saltines, American cheese

Tuesday, April 17th

Banana bread, pears

Sn: Cucumber slices w/ ranch

(peeled for Tod's)

Grilled Cheese sand, veggie chili, pears

Sn: Animal crackers, milk

Wednesday, April 18th

Omelets, fruit mix

Sn: Rice cakes, juice

Veggie Cheese "burger" mac, peas, fruit mix

Sn: Cheese Ritz bits, water

Thursday, April 19th

Waffles, peaches

Sn: Celery w/ soy butter

Tod: Veggie straws

Veggie meatballs, mashed potatoes, carrots, peaches

Sn: Pretzels w/ ranch

Friday, April 20th

Oatmeal w/apples, butter toast

Sn: Cottage cheese, juice

Pizza Pasta, salad w/ ranch, pineapple

Sn: Trail mix



Monday, April 23rd

Kix cereal, pears

Sn: Raisins, goldfish

Tod: Goldfish, juice

Veggie corn dogs, cooked carrots, pears

Sn: String cheese & tortilla wrap

Tuesday, April 24th

Blueberry bread, mandarin oranges

Sn: Animal crackers, milk

Soy butter sandwich, veggie soup, mandarin oranges

Sn: Veggie straws, juice

Wednesday, April 25th

Whole wheat french toast stix, fruit mix

Sn: Graham crackers, applesauce

Veggie Chicken, broccoli, cheese and rice cass., fruit mix

Sn: Cheddar cheese cubes, pita chips

Thursday, April 26th

Egg and cheese casserole peaches

Sn: Bananas, cheerios

Veggie chicken patty on bun, tator tots, peas,

Peaches

Sn: Grapes, yogurt

Tod: Fruit, yogurt

Friday, April 27th

Bagels w/ cream cheese, pineapple

Sn: Pretzel bites w/ cheese sauce

Cheese Ravioli, California blend veggies, pineapple

Sn: Nutrigrain Bars

Monday, April 30th

Crispix cereal, peaches

Sn: Orange slices, saltines

Tod: Mandarin oranges, saltines

Goulash w veg. beef, corn, peaches

Sn: Chips, salsa

What kids learn when playing with food, cont....

Have younger children close their eyes to smell food and guess the name. You can do the same guessing game with the texture and taste of food. To get the older kids involved, have them be in charge of the guessing game.



Little Jewels is a Peanut Free Zone

If you plan to bring in any snack for your child's class please make sure it is nut free. Also make sure to ask your child's teacher about any other severe allergies that may be present in the room.

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Vegetarian Menu